

# summer 2017

## Alexandria Studio

CLASS Name	CLASS DESCRIPTION	CLASS Fee	AGE(S)	DATE + TIME
Tiny Tots Acro	This class will focus on on large motor skill development, balance, listening skills, taking turns and stretching as acro skills are introduced. Must be potty trained.	\$50/Summer \$10/Class	Ages 3-5	Wednesdays 9:00-9:45am June 14, 28 July 12, 19, 26, August 2
Introduction to Acro	This class will focus on flexibility and strength with an emphasis on learning how to do cartwheels, hand stands, bridges, and other skills!	\$50/Summer \$10/Class	Ages 6-11	Wednesdays 11:00-11:45am June 14, 28 July 12, 19, 26 August 2
				Thursdays 5:00-5:45pm June 15, 29 July 13, 20, 27 August 3
Junior Beginning Acro	This class will focus on flexibility and strength while working to perfect cartwheels, bridge kick-overs, chin stands, and other fun acro skills!	\$50/Summer \$10/Class	Ages 6-11	Wednesdays 10:00-10:45am June 14, 28 July 12, 19, 26 August 2
				Thursdays 7:15-8:00pm June 15, 29 July 13, 20, 27 August 3
Teen Beginning Acro	This class will focus on flexibility and strength while working to perfect bridge kick-overs and introduce walkovers and other more challenging acro skills.	\$65/Summer \$13/Class	Ages 12 & Older	Thursdays 11:15am-12:15pm June 15, 29 July 13, 20, 27 August 3
Intermediate Acro	This is for dancers who have already established their bridge kick-overs, flexibility and strength. Intermediate Acro will introduce front and back walkovers, aerials, back handsprings, and more challenging acro skills.	\$65/Summer \$13/Class	Ages 8 & Older	Wednesdays 12:00-1:00pm June 14, 28 July 12, 19, 26 August 2
				Thursdays 6:00-7:00pm June 15, 29 July 13, 20, 27 August 3

CLASS Name	CLASS DESCRIPTION	CLASS Fee	AGE(S)	DATE + TIME
Beginning Ballet	Dancers will experience a development of ballet terminology and technique set in a fun and relaxed atmosphere. Your dancer will learn to explore their creativity through ballet-based activities with a focus on proper technique, including body alignment and flexibility. Girls and boys are encouraged to join!	\$50/Summer \$10/Class	Ages 4-8	Wednesdays 12:15-1:00pm June 14, 28 July 19, 26 August 2, 9
				Thursdays 6:15-7:00pm June 15, 29 July 20, 27 August 3, 10
Intermediate Ballet	This class is designed to introduce the principles of classical ballet to the dancer ready for the next step in their ballet journey. Focus will be on the importance of proper technique including body alignment, flexibility and terminology. This 45-minute long class will consist of barre exercises, stretching, center work including adagio, petite and grand allegro. All students are welcome, whether new to ballet or long-time dancers.	\$65/Summer \$13/Class	Ages 9-12	Wednesdays 11:00am-12:00pm June 14, 28 July 19, 26 August 2, 9
				Thursdays 5:00-6:00pm June 15, 29 July 20, 27 August 3, 10
Classical Ballet	This class will continue to explore the principles of classical ballet, focusing on the importance of proper technique including body alignment, flexibility and terminology. This challenging 90-minute class will consist of barre exercises, stretching, center work including adagio, petite and grand allegro and MORE! All students are welcome, whether new to ballet or long-time dancers.	\$100/Summer \$20/Class	Ages 13 & Up	Wednesdays 9:15-10:45am June 14, 28 July 19, 26 August 2, 9
				Thursdays 7:15-8:45pm June 15, 29 July 20, 27 August 3, 10

**Ballet Dress Code:**

- Girls: Leotard and tights, ballet skirt is optional. Hair must be pulled back in a bun or ponytail.
- Boys: Tight-fitting t-shirt or tank top and pants or shorts
- All dancers MUST have ballet shoes. These are available for purchase at the studio.

CLASS Name	CLASS DESCRIPTION	CLASS Fee	AGE(S)	DATE + TIME
Arts Academy	This camp is the perfect way to get your little one involved in a fun and educational activity. We will emphasize basic skills such as taking turns, group work, and listening. This camp encourages little ones to explore on their own, while still exposing them to a structured environment. With an emphasis on the arts, we will learn about various topics. Every week there will be a theme that will be explored in many different ways. We will combine creativity, movement, content, and engagement to provide a meaningful and exciting learning experience. Our activities will be geared toward help your little one develop fine motors skills, as well as gross motor skills.	\$110/Summer \$22/Class	Age 2	Mondays 9:30-11:30am June 12, 19, 26 July 10, 17, 24
		\$155/Summer \$22/Class	Ages 3-4	Tuesdays/Thursdays 9:30-11:30am June 13, 15, 27, 29 July 11, 13, 25, 27
Hip Hop Camp	Come learn a fun new style of dance or improve on your already awesome hip hop skills!	\$35/Summer \$10/Class	Ages 5-8	Tuesdays 1:00-1:45pm June 13, 27 & July 11, 25
			Ages 9-12	Tuesdays 2:00-2:45pm June 13, 27 & July 11, 25
			Ages 13-18	Tuesdays 3:00-3:45pm June 13, 27 & July 11, 25
			Adult	Tuesdays 7:00-7:45pm June 13, 27 & July 11, 25
Cartwheel Camp	Want to learn how to do a cartwheel? Join us to learn the basics for cartwheels and an intro to other fun acro skills!	\$25/Camp	Ages 4-6	June 7 & 8 3:00-3:45pm
			Ages 7 & Up	June 7 & 8 4:00-4:45pm
Pretty Princess Camp	Dress up and bring your friends to this fun-filled mini camp featuring dance, crafts, and more! Each day will have a fun new Princess for dancers to explore, all while learning basic dance skills and movement. Fun and friendly DOB staff members provide an engaging atmosphere for dancers to learn and build confidence in the studio setting.	\$40/Camp	Ages 3-5	June 26, 27, 28 5:00-6:15pm

CLASS Name	CLASS DESCRIPTION	CLASS Fee	AGE(S)	DATE + TIME
Cirque de DOB	This class will get creative with flexibility. We will work Cirque de Soleil-type moves - chin stands, crazy tricks, etc. <b>* Participants must have all 3 splits and a straight arm bridge. *</b>	\$40/Summer \$13/Class	Ages 8 & Up	Thursdays 1:00-2:00pm July 13, 20, 27 August 3
Cheer Camp	Ready....Let's GO! Join us for an introduction to all things CHEER! We will go over formation, technique, cheers, jumps and more!	\$35/Camp	Ages 4-6	June 13, 14, 15 3:00-3:45pm
			Ages 7 & Up	June 13, 14, 15 4:00-4:45pm
Strength & Flexibility	Flexibility and Core strength are a very important part of gaining skills and stamina. In addition to working on your core, this class will work flexibility of the legs, hips, shoulders and back.	\$65/Summer \$13/Class	Ages 9-12	Thursdays 9:00-10:00am June 15, 29 July 13, 20, 27 August 3
			Ages 13 & Up	Thursdays 10:00-11:00am June 15, 29 July 13, 20, 27 August 3
Tap Technique	Learn a fun new style of dance with us or improve on your already terrific tapping skills! <b>* Tap Shoes are required - may be purchased at the studio. *</b>	\$25/Summer \$8/Class	Ages 5-8	Tuesdays 12:30-1:00pm June 13, 27 July 11, 25
			Ages 9 & Up	Tuesdays 1:00-1:30pm June 13, 27 July 11, 25
		\$30/Summer \$10/Class	Adult	Tuesdays 6:00-6:45pm June 13, 27 July 11, 25
Private Lessons	Looking for some one-on-one time with your favorite instructor? Contact the studio for more information!	Rates vary depending on instructor	All Ages	Must be set up individually with an instructor of your choice.

CLASS Name	CLASS DESCRIPTION	CLASS Fee	AGE(S)	DATE + TIME	
<b>The classes on this page are open to 2017-2018 Competition Teams &amp; Performance Teams Only. We will send out eligibility for these after auditions on May 30, May 31 and June 1. Competition Teams will also have regular practice periodically throughout the summer.</b>					
Combo Classes:  Come learn a fun new style of dance or improve on your skills in your favorite genre!	Jazz + Musical Theatre	\$35/Summer \$10/Class	Mini	Wednesdays 5:15-6:00pm July 12, 19, 26 & August 2	
			Junior	Wednesdays 6:15-7:00pm July 12, 19, 26 & August 2	
			Teen + Senior	Wednesdays 7:15-8:00pm July 12, 19, 26 & August 2	
	Lyrical/Contemporary	\$35/Summer \$10/Class	Junior	Mondays/Wednesdays 6:15-7:00pm June 5, 7, 12, 14	
Teen + Senior	Mondays/Wednesdays 7:15-8:00pm June 5, 7, 12, 14				
Tap Technique	Continue to build your tapping skills in this fun and challenging summer class!	\$25/Summer \$8/Class	Mini	Tuesdays 12:30-1:00pm June 13, 27 & July 11, 25	
			Junior	Tuesdays 1:30-2:00pm June 13, 27 & July 11, 25	
		\$30/Summer \$10/Class	Teen + Senior	Tuesdays 2:00-2:45pm June 13, 27 & July 11, 25	
Turns & Leaps	It's time to build on the basics of jazz, contemporary and lyrical dance. Improve your turn and leap technique throughout the summer and set yourself apart from the rest!	\$25/Summer \$8/Class	Mini	Wednesdays 4:45-5:15pm July 12, 19, 26 & August 2	
			\$50/Summer \$10/Class	Junior	Wednesdays 5:15-6:00pm June 7, 14 July 12, 19, 26 August 2
				Teen + Senior	Wednesdays 6:15-7:00pm June 7, 14 July 12, 19, 26 August 2

# Summer 2017

## Sauk Centre Studio

CLASS Name	CLASS DESCRIPTION	CLASS Fee	AGE(S)	DATE + TIME
Beginning Ballet	Dancers will experience a development of ballet terminology and technique set in a fun and relaxed atmosphere. Your dancer will learn to explore their creativity through ballet-based activities with a focus on proper technique, including body alignment and flexibility. Girls and boys are encouraged to join!	\$50/Summer \$10/Class	Ages 4-8	Tuesdays 6:00-6:45pm June 13, 27 July 18, 25 August 1, 8
Ballet Dress Code: <ul style="list-style-type: none"> <li>• Girls: Leotard and tights, ballet skirt is optional. Hair must be pulled back in a bun or ponytail.</li> <li>• Boys: Tight-fitting t-shirt or tank top and pants or shorts</li> <li>• All dancers MUST have ballet shoes. These are available for purchase at the studio.</li> </ul>				
Cartwheel Camp	Want to learn how to do a cartwheel? Join us to learn the basics for cartwheels and an intro to other fun skills!	\$25/Camp	Ages 4 & Up	Mondays 9:15-10:00am July 10, 17, 24
Cheer Camp	Ready....Let's GO! Join us for an introduction to all things CHEER! We will go over formation, technique, cheers, jumps and more!	\$35/Camp	Ages 4-6	Mondays 1:30-2:15pm July 10, 17, 24
			Ages 7 & Up	Mondays 2:30-3:15pm July 10, 17, 24
Hip Hop Camp	Come learn a fun new style of dance or improve on your already awesome hip hop skills!	\$35/Summer \$10/Class	Ages 5-8	Thursdays 5:00-5:45pm June 15, 29 & July 13, 27
			Ages 9-12	Thursdays 6:00-6:45pm June 15, 29 & July 13, 27
Mommy and Me	Children and parents will learn to explore their creativity through ballet-based activities with a focus on proper technique, including body alignment and flexibility. Together, you will experience the development of ballet terminology and technique set in a fun and relaxed atmosphere. Nannies and caregivers are welcome!	\$40/Summer \$12/Class	Ages 2-4 + Mommy	Tuesdays 5:00-5:45pm July 18, 25 August 1, 8

CLASS Name	CLASS DESCRIPTION	CLASS Fee	AGE(S)	DATE + TIME
Pretty Princess Camp	Dress up and bring your friends to this fun-filled mini camp featuring dance, crafts, and more! Each day will have a fun new Princess for dancers to explore, all while learning basic dance skills and movement. Fun and friendly DOB staff members provide an engaging atmosphere for dancers to learn and build confidence in the studio setting.	\$40/Camp	Ages 3-5	July 10, 11, 12 5:00-6:15pm
Tiny Tots Acro	This class will focus on on large motor skill development, balance, listening skills, taking turns and stretching as acro skills are introduced. Must be potty trained.	\$50/Summer \$10/Class	Ages 3-5	Mondays 10:15-11:00am June 12, 26 July 10, 17, 24, 31
Introduction to Acro	This class will focus on flexibility and strength with an emphasis on learning how to do cartwheels, hand stands, bridges, and other skills!	\$50/Summer \$10/Class	Ages 6 & Up	Mondays 11:15am-12:00pm June 12, 26 July 10, 17, 24, 31
Beginning Acro	This class will focus on flexibility and strength while working to perfect cartwheels, bridge kick-overs, chin stands, and other fun acro skills!	\$50/Summer \$10/Class	Ages 6 & Up	Mondays 12:15-1:00pm June 12, 26 July 10, 17, 24, 31
Private Lessons	Looking for some one-on-one time with your favorite instructor? Contact the studio for more information!	Rates vary depending on instructor	All Ages	Must be set up individually with an instructor of your choice.





